

NEW
HNHS Senior Practice Schedule
~ Dec. 16 - Feb. 09, 2007 ~

Read Daily !!!!!!!!!!!!!!!

Mornings at the YMCA = 5:05 – 6:30 – Mondays and Thursdays

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thr</i>	<i>Fri</i>	<i>Sat</i>
16 <i>No Practice</i> ☺	17 6:30-8:30 Hamden	18 5:45-7:45 HAMDEN	19 4:45 – 7 North Haven	20 5 – 7:15 Hamden	21 5 – 7:15 Hamden	22 7 – 9 am Hamden
23 7 – 9 am North Haven	24 8 – 10:30am YALE	25 MERRY CHRISTMAS	26 7-9 am + 3-5 pm HAMDEN	27 7 – 9 am + 3 – 5 pm HAMDEN	28 7 – 9 am + 3 – 5 pm HAMDEN	29 7:-9 am Hamden
30 7 – 9 am North Haven	31 8 – 10:30am YALE	Jan 01 Happy New Year 2008	02 4:45 – 7 North Haven	03 5 – 7:15 Hamden	04 5 – 7:15 Hamden	05 YMCA-Wilton STATE CHAMPS 13/14's – 8am 15/O - TBA
06 YMCA- Wilton STATE CHAMPS	07 6:30-8:30 Hamden	08 5:45-7:45 HAMDEN	09 4:45 – 7 North Haven	10 5 – 7:15 Hamden	11 5:45-7:45 HAMDEN	12 7 – 9 am Hamden
13 <i>No Practice</i> ☺	14 6:30-8:30 Hamden	15 5 – 7:15 Hamden	16 4:45 – 7 North Haven	17 5 – 7:15 Hamden	18 <i>Dragon Classic</i> Timed Finals	19 <i>Dragon Classic</i> Trials/Finals Top 6
20 <i>Dragon Classic</i> Trials/Finals Top 6	21 5 – 7 am YMCA MLK-Day	22 5 – 7:15 Hamden	23 4:45 – 7 North Haven	24 5 – 7:15 Hamden	25 5 – 7:15 Hamden	26 <i>Wilton AA</i> <i>Trials – SC</i> <i>Finals – LC</i> <i>Top 12</i>
27 <i>Wilton AA</i> <i>Trials – SC</i> <i>Finals – LC</i> <i>Top 12</i>	28 6:30-8:30 Hamden	29 5:45-7:45 HAMDEN	30 4:45 – 7 North Haven	31 5 – 7:15 Hamden	Feb. 01 5 – 7:15 Hamden	02 7 – 9 am Hamden
03 <i>No Practice</i> ☺	04 6:30-8:30 Hamden	05 5:45 – 7:45 Hamden	06 4:45 – 7 North Haven	07 5 – 7:15 Hamden	08 5:45-7:45 HAMDEN	09 7 – 9 am Hamden

Hamden = Hamden High Pool *N.Haven* =North Haven Town Pool –

T/F – indicates this meet is a Trials (am) and Finals (pm) type meet

This Schedule is subject to CHANGE – *italicized and bold* indicates a change from the normal

Early = on time On Time = Late LATE = UNACCEPTABLE

If you fail to plan, then plan on failing ~

Desire creates the power..... Raymond Holliwel

